

Bristol Study Centre

NEWSLETTER

www.dutystudy.org.uk

Issue 4

October 2010

Welcome to new recruiters!

- Tudor Lodge Surgery in Weston
- Oldfield Surgery in Bath
- Nikki Atkins
- Horfield Health Centre

A really big thank you to:

- The Wellspring Surgery
- Pembroke Road Surgery
- Hillview Family Practice
- Gloucester Road Medical Centre

We'll be back soon!

How are we doing?

At the end of September, **265** patients had been recruited. Due to your amazing efforts, we're ahead of target—let's keep it that way!

With **245** urines, we're achieving a **92%** successful sample return rate.. For the best outcome for this study we need to keep that rate as high as possible so please, please, pursue that little pot of gold. ..



Ready and raring to go!

32 new recruiters from across the UK were trained at the DUTY Study Training Day on 21 September. Our feedback said that everyone enjoyed the day. The Study Database is now live and kicking, and recruitment is steaming ahead. With the return to school last month, and the approach of winter ahead, October is going to be busy!



Introducing Peter Brindle, GP at the Wellspring Surgery

Members of the wider study team tell us about their experience of DUTY – and other things!



Q.: What role do you play in the study? I have two roles, one as a member of the study team involved in winning and running the grant, and the other as a GP identifying participants for DUTY from my surgery in Barton Hill, Bristol.

Q.: How will DUTY help you in the future? It is already helping me now. My patients seem very happy to see Lisa, our DUTY nurse, and the clinical observations she performs speed up and improve my consultation. In the long run, I hope DUTY provides us with information about how UTIs affect children and how best to make the diagnosis.

Q.: What do you think are the main challenges for this study? As is often the case in large studies involving acutely ill people, finding a way to recruit without impacting too much on the patient or the clinical team. I think DUTY is well designed on both counts so I am optimistic that we will recruit enough patients to answer the questions asked.

Q.: What is your top tip for successful recruitment? At Wellspring, we have a system of total triage – all patients who want to see a doctor get a callback from their GP. This has a number of advantages, but for DUTY and other similar studies, it enables us to advise the patient that they will be approached by a nurse in the waiting room, and to ask them to come 15 minutes earlier. I would not expect a practice to change its appointment system because of research studies, but it is another factor to consider.

Q.: If you could visit any time and place in history, where would you go and why? I would go to the moment when the first person discovered that cooking food is a great idea and rather better than gnawing it raw.

Recruiting sites update: DUTY is now recruiting in 4 Option 1 practices, 12 Option 2 sites and at the South Bristol Walk in Centre and the Children's Emergency Department at the BRI. The two full-time Research Nurses, Lisa Calver and Liz Thomas, are able to support 4 Option 1 practices (in Bristol) at any one time, and we are rolling this out on a two-monthly cycle. Option 2 recruitment has no time constraints other than normal site operations. **Option 2 is reimbursed at £100 per patient, and Option 1 at £60 per patient.**



Your Practitioner Insurance Policy* (PIP) 100% Cover – 100% Of The Time!

If there were any money involved there would be a **Total Money Back Guarantee!!**

Time consuming as it may be, informed consent is the foundation of any ethical research. It's also your own **Professional Insurance Policy (PIP)**, the best way to ensure that patients and parents have control over whether or not to enrol in clinical research such as DUTY. The bottom line is that effectively obtaining informed consent



protects us from serious allegations such professional negligence, even personal trespass.

So here are DUTY's top tips for ensuring that your PIP Policy is valid 100% of the time!

- 1) Good communication is key: be interactive and – most importantly – seek to involve the child
- 2) Use relative rather than absolute terms
- 3) Avoid medical jargon and difficult language
- 4) Information given should be sufficient but not overwhelming
- 5) Directing simple questions about the study to the person giving consent helps ensure their comprehension
- 6) Always allow sufficient time for parents to decide whether or not to take part



And Remember!

Parents who feel obligated to consent should probably be consider to have failed the consent procedure.

The database is working!

If you're recruiting or ready to start recruiting and you have not had your database login details yet, please contact Harriet Downing (details below).



Where's the lolly?



We will continue to contact Practice Managers during October as we draw up invoices to reimburse you for recruitment to date.

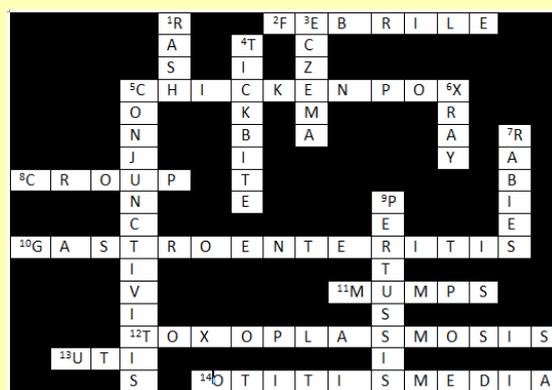
We will need your practice bank details and to cross-check the number of patients you have recruited so far.

QUICK QUIZ



If you know what and where this is, e-mail harriet.downing@bristol.ac.uk with the answer and your name will be put into the DUTY potty for the monthly prize draw.

The winning entry for last month's crossword was sent in by Dr Alastair Hay, who has won a rather nice box of biscuits for the Lennard Surgery staff room.



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We would love this newsletter to be relevant to you! Please send us any suggestions for articles or information you'd like us to include.