

NEWSLETTER

www.dutystudy.org.uk

Welcome to new recruiters!

- Marie Altham and Sarah Gallagher, Hatherley Surgery
- Helen Talbot and the team at Oldfield Surgery
- Michelle Whittle and the South Bristol Walk-in Centre team
- Liz Mallett, and Dr Matt Hoghton, Clevedon Medical Centre
- Cathy Shute and the Bradford-on-Avon team
- Liz Thomas, DUTY Nurse, Bristol

Issue 2

August 2010

Welcome to the second edition of the DUTY Study Newsletter!

In this monthly newsletter we update you on developments with the study and share information about the wider study team. In July, thanks to all of your hard work, the Bristol centre has exceeded its target! August may be a quiet month (but not if July is anything to go by), but the DUTY team are busy putting the finishing touches to the study database and website, and you will be receiving your login details from Catherine Derrick in the near future.

Introducing Julie Simmonds, Nurse Recruiter, Nailsea & Backwell

Here we ask members of the wider study team about their experience of DUTY (and other things!).



Q. What role do you play in the study?

I recruit children into the DUTY study from two GP practices in Nailsea and Backwell.

Q. How will the DUTY study help you in the future?

It will further my experience with on-line data bases as this seems to be the way studies are going now. I can also add it to my list of previous studies for my CV, and further my role as a research nurse.

Q. What do you think are the main challenges for this study?

Making sure the children manage to provide a urine sample and also trying to recruit children with busy mums.

Q. What is your top tip for successful recruitment?

Get the receptionists involved—they now come to find me if a mum rings in. Try to work around the parents as much as possible, and be flexible. Tip for getting urine samples: if possible, take a kit around to the child's house before they see you and the doctor. It has worked for me so far as mums walk in clutching their child's urine sample!

Q. What is your favourite song, and why?

Don't laugh - I am a closet Cliff fan. "Summer Holiday" is my favourite song. It reminds me of holidays camping with my sister and all our children, a fun song for lots of fun times!

Cardiff Safeboxes

You know that little bit of silver wrapping inside that makes it hard to get the samples into the box? The Cardiff lab have made a plea for you to chuck it away as it makes it equally hard to get the samples out again! Any safeboxes that we send you from now on will have the silver wrapping already removed.



How are we doing?

109 patients have been recruited in our centre so far, with 103 urines. A 94% successful sample return rate! Splendid work chaps!

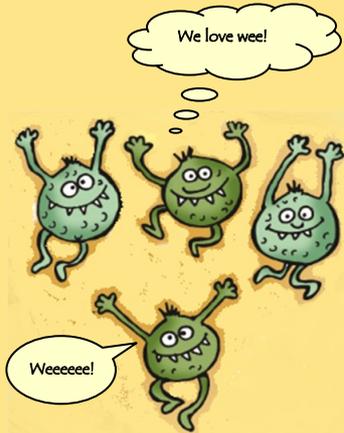
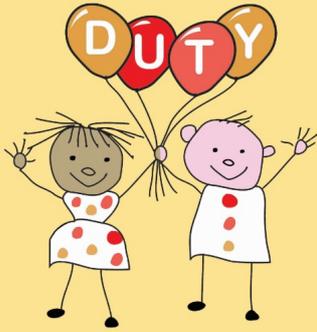
Where is DUTY happening?

In the South West, recruitment has started up in earnest. New sites in July are Hatherley Surgery (Cheltenham), Oldfield Surgery (Bath), Clevedon Medical Centre, Bradford-on-Avon Health Centre, Ilchester Surgery (near Yeovil) and the South Bristol Walk-in Centre and the Wellspring Surgery in Bristol. **Practice-based recruitment is reimbursed at £100 per patient, and with the support of a DUTY Nurse at £60 per patient.**

Please remember to send us completed consent forms (use the prepaid envelopes in the patient packs).

For any patients recruited on paper, please fax (0117 331 3838) or post a copy of the lab results report for any patients recruited prior to the database. Thank you!





Meet the Bugs!



What do we mean by "eligible"?

Eligible is any child who meets the "Eligibility Criteria" Copies of this can be found in your Study Manuals!

Need more stuff?

Please complete the order form in the study manual and fax to 0117 331 3838 so that



we know exactly what to send you.

On The Pulse...

One of the first things you are taught during your Nurse training is how to assess a patient – "look, listen, feel". There is no doubt that it would take a pretty sophisticated piece of kit to replace the experienced Nurse's eye, not to mention the "hunch" that we all have from time to time. So why is DUTY asking you to take pulse oximetry readings on all its patients?



Well, making a very crude search of the literature, Respiratory Tract Infections and Childhood Asthma appear in the top 10 reasons for paediatric patients consulting GPs and Nurse Practitioners. It's hard to think of reasons why a pulse oximetry reading on this group of patients wouldn't be beneficial during those assessments and should certainly be considered as best practice.

So...we'd love the DUTY Study to be the catalyst that ensures that your practice has access to this invaluable assessment tool! But, if you're struggling we have a couple of monitors that can be lent to you on a short term basis or, if you have a monitor but are just missing the paediatric probe we may be able to assist with the purchase of this for you depending on the model you have.

If you already have access to a pulse oximeter with a waveform display, and would like to discuss with a DUTY Research Nurse how this can be used to best effect on a paediatric patient, please contact Lisa Calver in the DUTY team on 0117 331 38135 or by e-mailing lisa.calver@bristol.ac.uk



QUICK QUIZ

The winner of July's quiz was Amanda Vowles, Oldfield Surgery, who wins a fabulous DUTY mousemat. In close second were Judith Edwards and Peter Brindle – have another go guys!

Last month's answer = *E. coli*

August's challenge is mathematical. Which of the following is the greater number?

- A) Number of stars in the milky way galaxy
- B) Number of bacteria on the human body
- C) Number of cells in the human body

Send your answer to harriet.downing@bristol.ac.uk. Your name will be put into the DUTY potty and you could win a prize.

DUTY Study Training Day

We are holding a second study training day on 21 September in Bristol at the School of Social Medicine, Canynge Hall. This is an opportunity to go through all of the study procedures, to meet the DUTY team and other recruiters who are getting involved. GPs are welcome, but the day is designed for Nurses doing the majority of the study procedures. Training in study methods is a key requirement for recruiting as it will help you to collect high quality data and ensure that DUTY is conducted in accordance with Good Clinical Practice. Places are going fast so book now to avoid disappointment! Contact Catherine Derrick for further information.

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Welcome to Steven Beech, Study Assistant, joining the Bristol support team on 4 August! More about Steve in September's issue

